



2016
OPEN ENROLLMENT



ROUND ROCK TEXAS
HUMAN RESOURCES



Central Health Presents Austin Business Journal's

HEALTHIEST EMPLOYERS

OF CENTRAL TEXAS





ROUND ROCK TEXAS
HUMAN RESOURCES

MAMMO-MIXER

OCTOBER 21ST – OCTOBER 22ND



**For Appointment Call:
512-324-3375**

Check *EmployeeNet* for more details



ROUND ROCK TEXAS
HUMAN RESOURCES

HealthFair

City of Round Rock Health & Lifestyle

FRIDAY, OCTOBER 30TH 8:30 AM – 12:00 PM
Expo
MAIN STREET PLAZA

- Benefits Information...
- Nutrition Education...
- Fitness & Weight Loss...
- Health Screenings...
- Amazing Door Prizes!
- Healthy Snacks!
- Great Music!
- And much more!

**All are invited to come enjoy the fun,
food and festivities!**



- HOME
- DEPARTMENTS ▾
- COMMITTEES ▾
- HUMAN RESOURCES ▾
- ROCK BEATS
- CALENDAR
- QUICK LINKS ▾

Open Enrollment for City employees in October

Posted on October 13, 2014 by Shannon McIntire

The City's open enrollment period for employees to select their health benefits coverage will run from Oct. 1 to midnight on Oct. 31. During Open Enrollment, employees can make changes to their benefit plans.

[Read more](#) [More posts...](#)



Latest Round Rock News

<http://employees.roundrocktexas.gov/>

MAKE IT YOUR HOMEPAGE !

OPEN ENROLLMENT

You Must Go To
Employee Self Service
and
ENROLL ONLINE





If You Have No
Changes.....

Select “No Changes” on
each option



MEDICAL PLAN RATE COMPARISON

	Round Rock	Cedar Park	Williamson County	Pflugerville
Per Pay Period				
Employee Only	\$ 52.50	\$ 0	\$192.48	\$ 0
Employee + Child(ren)	\$140.00	\$139.73	\$224.46	\$191.46
Employee + Family	\$205.00	\$337.06	\$325.61	\$359.23



DENTAL PLAN CONTRIBUTION RATES

Per Pay Period

Aetna Dental Plan Rates				
Tier	Monthly Rate	City Pays	Employee Pays	Per Pay Period
EE Only	\$ 40.00	\$ 20.00	\$ 20.00	\$ 10.00
EE/Child(ren)	\$ 54.00	\$ 20.00	\$ 34.00	\$ 17.00
EE/Spouse	\$ 56.00	\$ 20.00	\$ 36.00	\$ 18.00
EE/Family	\$ 82.00	\$ 20.00	\$ 62.00	\$ 31.00



DENTAL PLAN COMPARISON



Per Pay Period	Round Rock	Georgetown	Williamson County	Pflugerville	Round Rock School District
EE Only	\$ 10.00	\$ 0	\$ 15.69	\$ 0	\$13.19
EE/Child(ren)	\$ 17.00	\$11.67	\$ 32.31	\$27.12	\$28.19
EE/Spouse	\$ 18.00	\$ 9.88	\$ 29.08	\$23.72	\$25.70
EE/Family	\$ 31.00	\$ 24.49	\$ 35.54	\$38.57	\$41.65



ROUND ROCK TEXAS
HUMAN RESOURCES

ELIGIBILITY

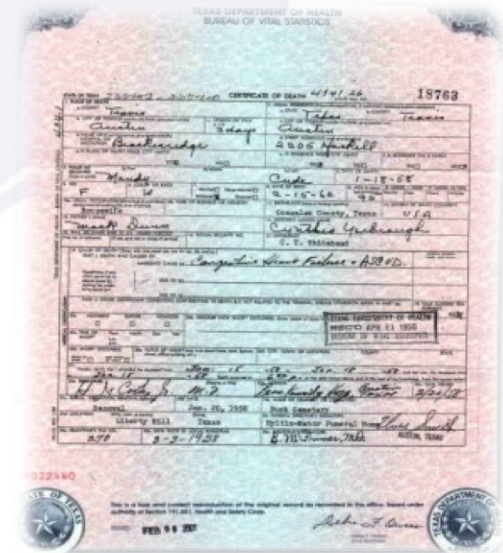
To Cover a Spouse

You must provide a marriage certificate prior to enrolling.



To Cover a Child

You must provide a birth certificate for each child prior to enrolling (or a court Order for adoptions or foster child).





OPEN ENROLLMENT

Go to the
EmployeeNet
<https://employees.roundrocktexas.gov/>

Click: “Quick Links”

Then Click
“Time Sheet”

Then Log In

Click “Benefits”



Login

User name

Password

[Forgot your password?](#)

Username is your employee ID Number

Enter Your Password



ROUND ROCK TEXAS
HUMAN RESOURCES

**SAVE
MONEY**

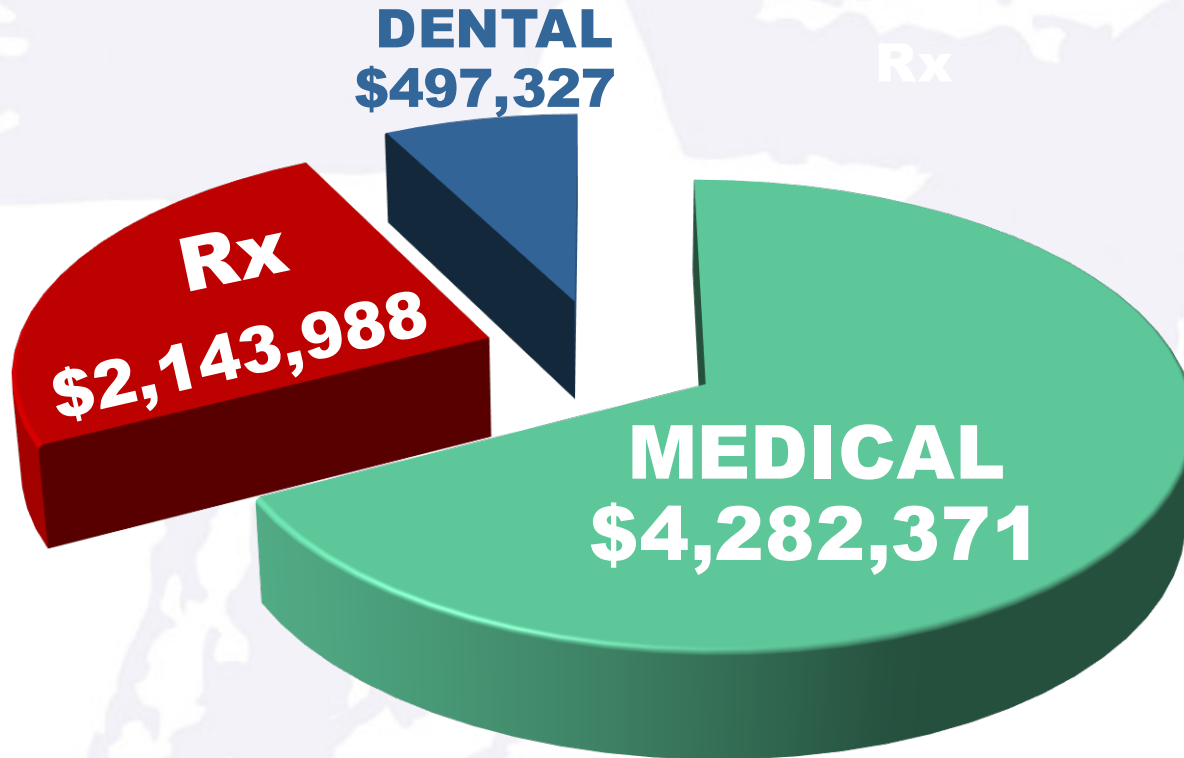


**ON HEALTH CARE
COVERAGE**



ROUND ROCK TEXAS
HUMAN RESOURCES

2014 HEALTH CARE COSTS*

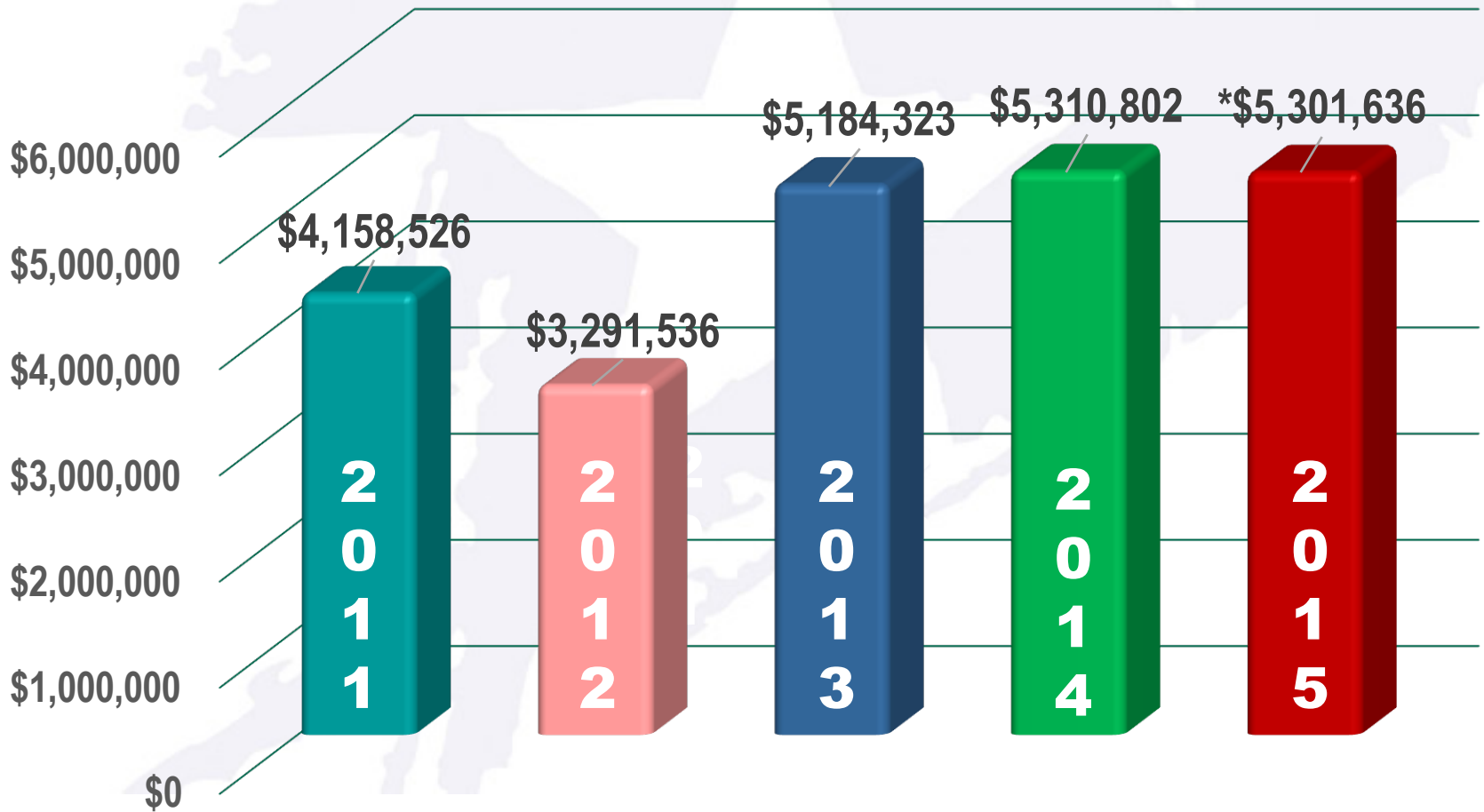


*Fiscal Year



ROUND ROCK TEXAS
HUMAN RESOURCES

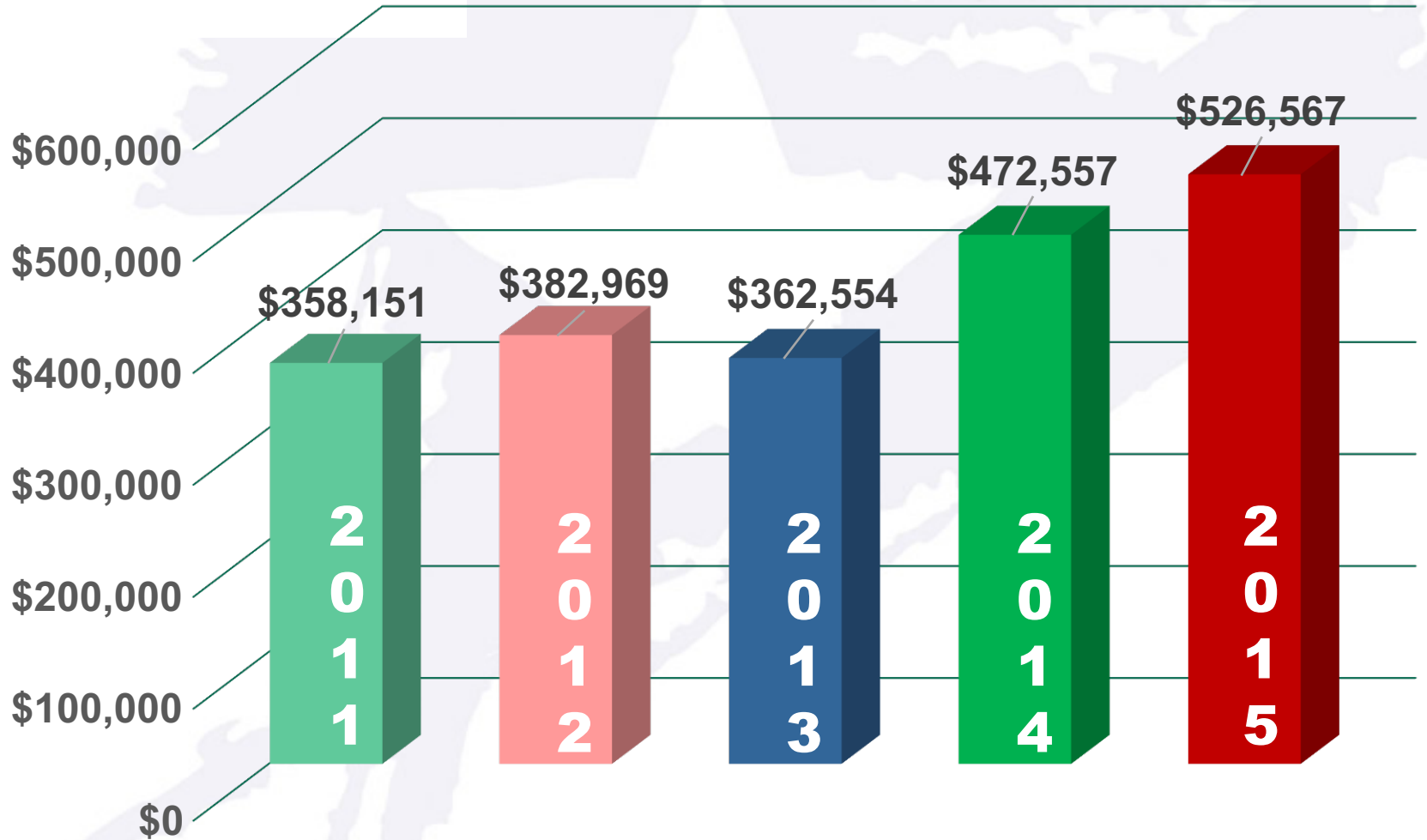
MEDICAL COST





ROUND ROCK TEXAS
HUMAN RESOURCES

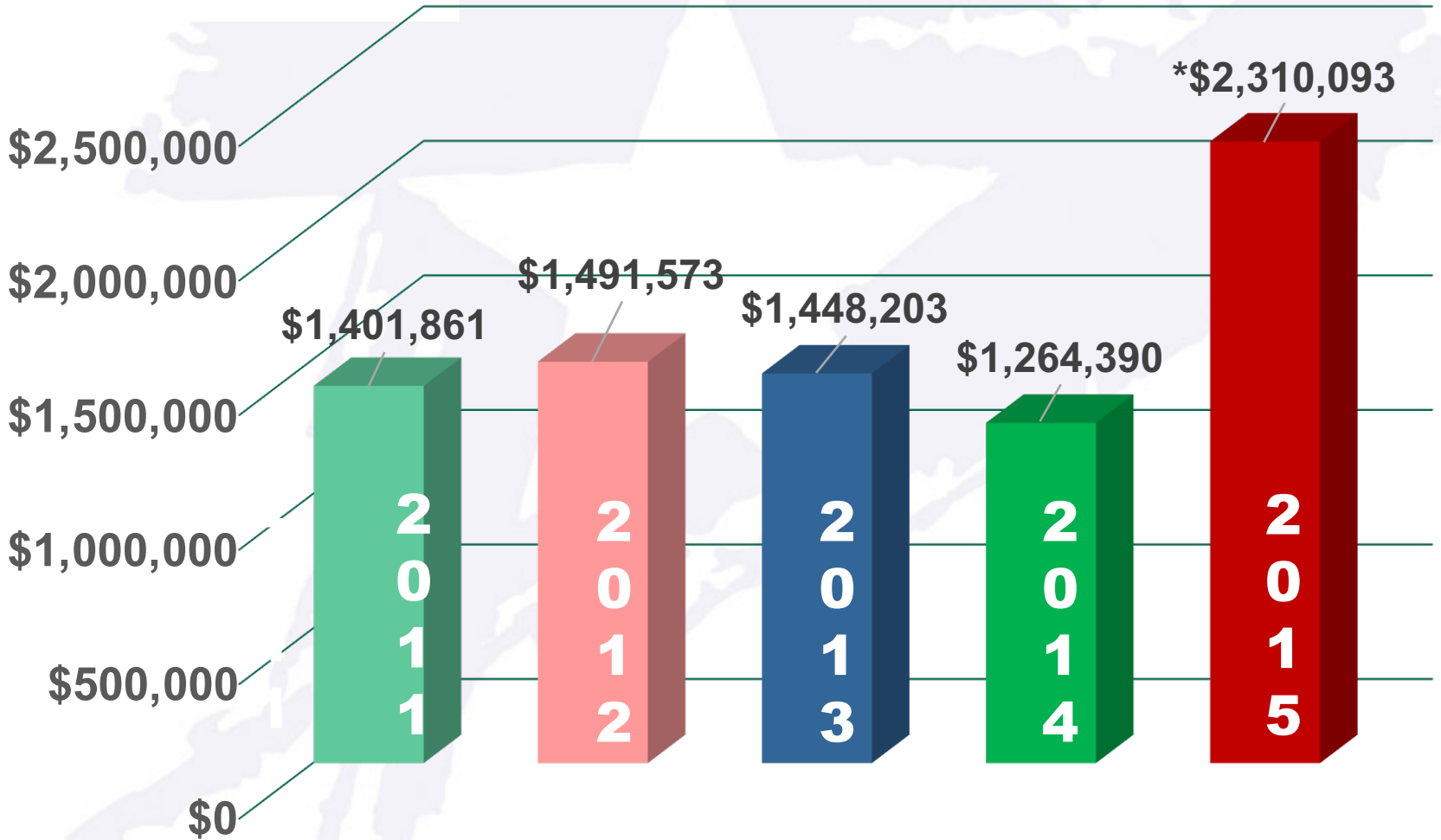
DENTAL COST





ROUND ROCK TEXAS
HUMAN RESOURCES

Rx COST





ROUND ROCK TEXAS
HUMAN RESOURCES

GoodRx

www.goodrx.com

GoodRx

Stop paying too much for your prescriptions!

Compare drug prices at over 70,000 pharmacies, and discover free coupons and savings tips. Even if you have insurance or Medicare, GoodRx can often find you a better price!

Drug Name

e.g. Lipitor

Location (City, ZIP or Address)

e.g. Phoenix, AZ

FIND THE LOWEST PRICE



GoodRx Mobile

Take GoodRx with you to the pharmacy. Built-in coupons and savings tips available on your smartphone!



GoodRx for Groups

Reduce your group's drug spend by up to 20% while providing a valuable new service members will love.



GoodRx for Doctors

Help your patients save up to 80% on the prescriptions they need.

Find Your Drug

GoodRx features prices from 70,000 pharmacies, including the big pharmacy chains, local pharmacies, and mail order companies:

How GoodRx Works

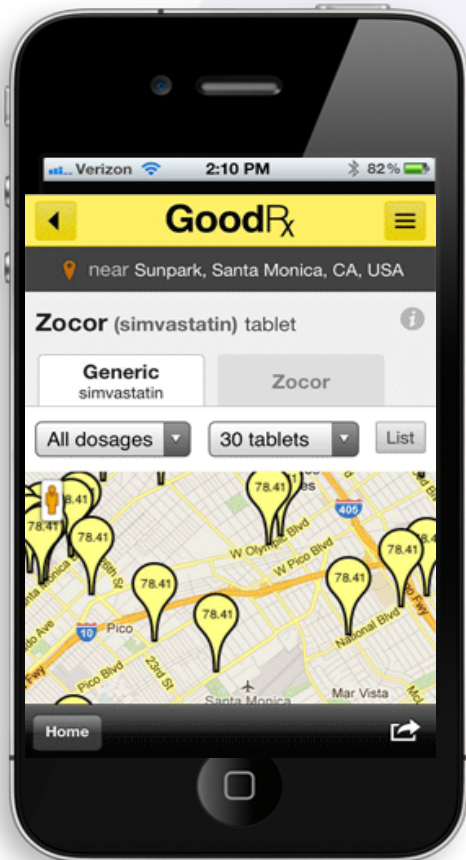
1. Enter the name of your prescription and your location



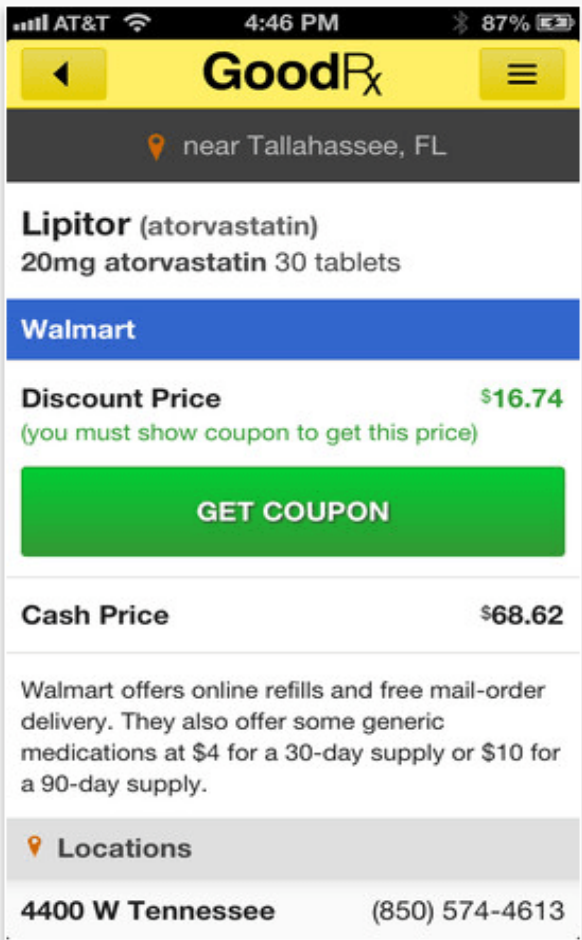
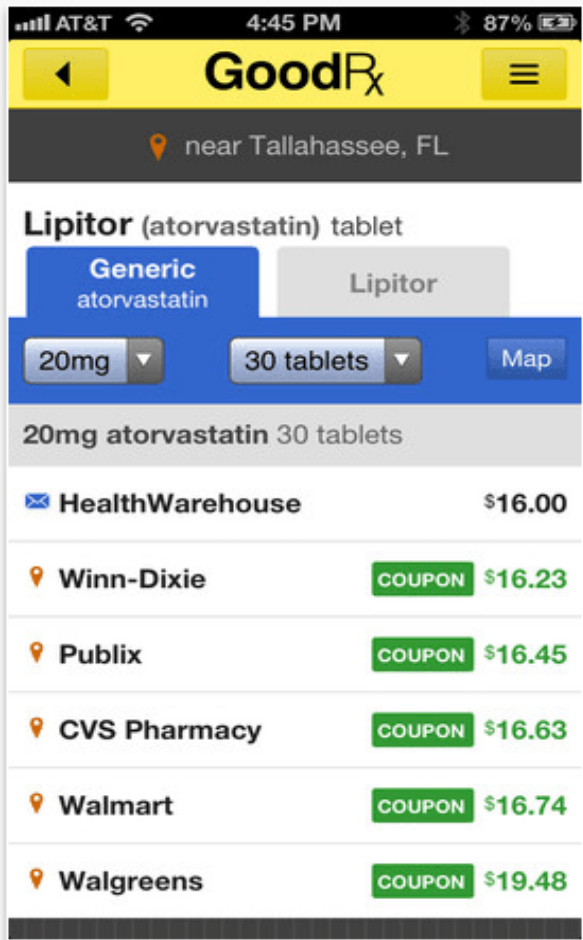
GoodRx



<https://play.google.com/store/apps/details?id=com.goodrx#?t=W251bGwsMSwyLDEslmNvbS5nb29kcngiXQ>



- Instant access to the lowest prices for prescription drugs at more than 75,000 pharmacies
- Coupons and savings tips that can cut your prescription costs by 80% or more
- Refill reminders with the latest prices to help you take advantage of price changes



<https://play.google.com/store/apps/details?id=com.goodrx#?t=W251bGwsMSwyLDEsImNvbS5nb29kcngiXQ>



ROUND ROCK TEXAS
HUMAN RESOURCES



St David's
HEALTHCARE

*These Emergent
Care Centers Are
As Expensive As An
Emergency Room !*

URGENT v. EMERGENCY CARE

URGENT CARE SITUATIONS

- Ear or eye infection
- Fever
- Cuts that may need stitches
- Possible broken bones or simple fractures
- Severe sore throat
- Sprains and strains
- Vomiting / Diarrhea


EMERGENCY SITUATIONS

- Chest pain or squeezing sensation in the chest
- Seizure or loss of consciousness
- Severe abdominal pain
- Sudden paralysis or slurred speech
- Uncontrolled bleeding



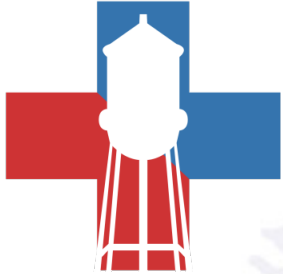


HEALTH CARE COSTS

Out of Pocket Cost to You	Where To Go <i>rockcare</i>	When To Go	Examples	Average Cost to Health Plan
\$0		For routine care during office hours	Health exams, cold, flu, sore throats, minor injuries, aches and pains	\$50
\$35	In-Network Urgent Care Clinic	For non-emergency needs when your doctor's office is closed or if you can't use an in-network clinic and you need immediate medical attention	Simple bone breaks, cuts, burns, ear infections, sprains and minor injuries	\$176
\$950*	In-Network Hospital Emergency Room	Use the ER if you have serious symptoms or a life-threatening emergency	Severe bleeding, chest pains, broken bones and poisoning	\$1,569

* Plan Deductible plus \$200 ER Copay

rockcare



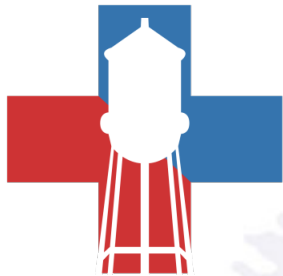
EMPLOYEE MEDICAL CLINIC

**\$0
Copay**

**901 Round Rock Avenue
Suite B-300**



rockcare



EMPLOYEE MEDICAL CLINIC

901 Round Rock Avenue, Suite 300 Round Rock, TX 78681

The clinic offers employees a convenient source for healthcare at NO COST!

**\$0
Copay**

Monday

Tuesday - Thursday

Friday

7:00 am - 12:00 PM

1:00 PM 4:00 pm

7:00 am - 12:00 PM

1:00 PM 5:00 pm

7:00 am - 12:00 pm

Services Provided

- Disease Management
 - Manage Diabetes
 - Cholesterol
 - Blood Pressure
- Allergy Care
- Asthma
- Sinus Infections
- Headaches
- Muscle & Joint Pain
- Cuts & Stitches
- Sprains
- Tobacco Cessation
- Referral to Specialists
- Order & Interpret Lab Work
- Administer Shots
- Occupational Medicine
 - Physicals
 - Drug Tests
 - Work Related Injuries

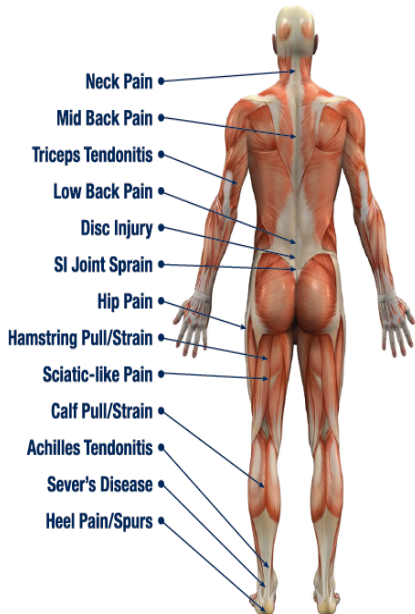
Call 866-959-9355 for Appointment

Appointment Schedule

DAY	TIME
Monday	6 am - 4 pm
Tuesday	6 am - 7 pm
Wednesday	6 am - 7 pm
Thursday	6 am - 7 pm
Friday	6 am - 7 pm
Saturday	7 am - 12 pm



IS PAIN HOLDING YOU BACK? COME DISCOVER AIRROSTI:



**1 hour each visit
one-on-one**

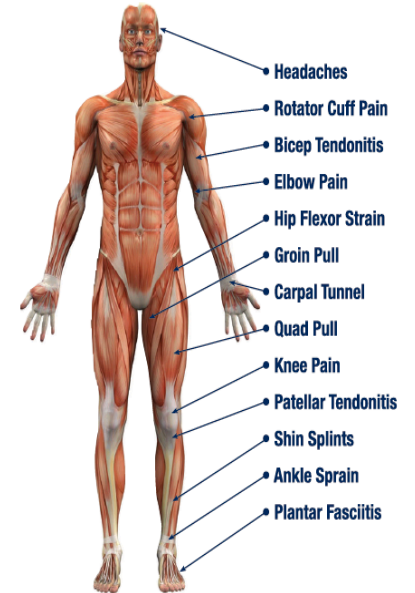
more accurate diagnosis

**muscle, orthopedic
& neurological tests
performed**

**avoid unnecessary MRIs,
CTs, injections, Rxs, etc.**

**highly specific
manual therapy
& active rehab**

no passive modalities





AIRROSTI



Could Your Surgery Be Prevented?

After completing their Airrosti treatment plan, in over 2,450 cases, patients have reported no longer needing a surgery they had previously been recommended for. Through a quality approach to care, Airrosti Providers act as a great screening tool for recommended surgeries and in many cases prevent invasive procedures for back & neck pain, carpal tunnel, and other musculoskeletal conditions.

By spending one hour with each patient every visit, Airrosti providers are able to properly assess and diagnosis the patient's condition which also leads to the prevention of unnecessary injections, MRIs, and pharmaceuticals.

PATIENTS AVERAGE 3 VISITS

An Airrosti Visit for City Employees is a \$25 Copay



HEALTH CARE REFORM



Department of the Treasury
Internal Revenue Service

IRS PENALTIES

For Not Non-Coverage

2016

• \$695 per Family Member

2017

\$1,000 per Family Member

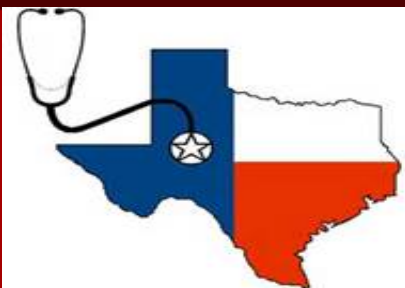


ROUND ROCK TEXAS
HUMAN RESOURCES

PLAN CHANGES

FLEXIBLE \$ SPENDING
ACCOUNT

**Make
Your
Money
Work For
You!**



**Healthcare
FSA
2015
MAXIMUM
\$ 2,550**

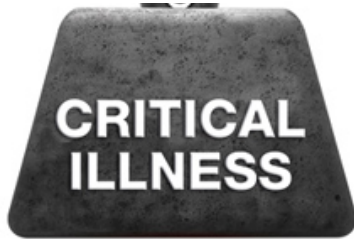


**Dependent
Care FSA
2015
MAXIMUM
\$ 5,000**



ROUND ROCK TEXAS
HUMAN RESOURCES

VOLUNTARY INSURANCE



**CRITICAL
ILLNESS**



Accident Insurance



**LIFE
INSURANCE**



**Disability
Insurance**



ROUND ROCK TEXAS
HUMAN RESOURCES

EAP

help. when you need it.

Work/Life Services

Comprehensive Work-Life services that can make life a little easier for you and your family



Workplace Issues?

**DEER OAKS
EAP SERVICES**

Your EAP Can Help

**Confidential Assistance Available
24 Hours a Day, 7 Days a Week**

1-866-EAP-2400



ROUND ROCK TEXAS
HUMAN RESOURCES



The Legal Protection Plan

LEGAL PROTECTION

- ▶ The Texas Legal Protection Plan (TLPP) is a nonprofit legal benefit program open to any Texan. It is the only legal plan created and governed by the State Bar of Texas.
- ▶ TLPP required no copays, no deductible, no cost to you for your attorney's time and gives you unlimited access to the legal helpline, comprehensive benefit coverage and membership assistance from a dedicated staff.
- ▶ Just a few hours with a lawyer could cost you thousands of dollars. Yet, with TLPP, members receive the very same legal advice and representation, yet they don't pay for the attorney.

Employee Only	\$ 16.25 per Month (\$ 8.13 per pay period)
Family	\$ 24.50 per Month (\$ 12.25 per pay period)



DEFERRED COMPENSATION 457 Plan



Contribution Limits for 457 Deferred Compensation Plans	
Annual Contribution Limit	<p>In 2014 and thereafter, annual cost of living adjustments may occur. This limit includes both employee and other contributions.</p> <p style="text-align: right;">2016 Annual Maximum \$ 18,000</p>
457(b) Special Catch-up Provision	<p>The 457(b) Special Catch-up provision permits increased annual contributions on behalf of a participant. It allows you to make up, or “catch up”, for prior years in which you may not have contributed the maximum amount to your employer’s 457(b) plan.</p> <p style="text-align: right;">2016 Annual Maximum \$ 24,000</p>
Age 50+ Catch-up Provision	<p>If you are at least age 50, and currently participate in a governmental 457(b) plan, you are eligible to contribute an additional amount over the annual contribution limit. However, you cannot use both the Special Catch-up provision and the Age 50+ Catch-up provision in the same year. You must use whichever is greater.</p> <p style="text-align: right;">2016 Annual Maximum \$ 24,000</p>
Roth 457	<p>A Roth 457 Deferred Compensation plan may be another good choice if the potential for tax-free income in the future is more important than a tax deduction now.</p> <p style="text-align: right;">2016 Annual Maximum \$ 24,000</p>



ROUND ROCK TEXAS
HUMAN RESOURCES

BENEFICIARY FORM

Please complete a beneficiary form if you have not already done so. This is the only way we will know what to do with your last check and any other money that is owed to you.



ROUND ROCK TEXAS

BENEFICIARY DESIGNATION FORM

Read instructions on back side of the form before completing.

Date Received by HRD:

Unless prohibited by law, proceeds will be distributed as indicated on this form.

SECTION A: EMPLOYEE INFORMATION

Social Security Number		Name (Last, First, Middle Initial)	
Address			City, State, Zip Code
Employee Type	Marital Status	Work Status	
<input type="radio"/> Public Service <input type="radio"/> Fire <input type="radio"/> Police	<input type="radio"/> Single <input type="radio"/> Married	<input type="radio"/> Full-Time <input type="radio"/> Part-Time <input type="radio"/> Temporary	

Beneficiary Designations apply to salary and life insurance benefits provided by the City of Round Rock. This Beneficiary Designation Form does not designate beneficiary(ies) for the Texas Municipal Retirement System (TMRS).

SECTION B: PRIMARY BENEFICIARY(IES)

Pay Benefits To The Named Beneficiary(ies) as Follows:



KEEP CALM & HAVE A



MAMMOGRAM

ROUND ROCK
HUMAN RESOURCES



HEALTH FAIR

ENROLLMENT SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Mammograms: October 21st & 22nd Seton Williamson Medical Center To set appointment call: 512.324.3375 Health Fair: October 30th at Main Street Plaza 8:30 am – 12:00 pm 			<p>1 Police Department 2701 N. Mays Street Training Room 7:00 am – 8:30 am</p>	<p>2 HR Training Room 231 E. Main Street 8:00 am – 9:30 am</p>
5	<p>6 Sports Center 2400 Chisholm Trail 9:00 am – 10:30 am</p>	7	8	<p>9 Utilities-Streets 910 Luther Peterson 8:00 am – 9:30 am</p>
<p>12 City Council Chambers 221 E. Main Street 9:00 am – 10:30 am</p>	<p>13 Fire Department HR Training Room 7:00 am – 8:30 am</p>	<p>14 City Council Chambers 221 E. Main Street 1:00 pm – 2:30 pm</p>	<p>15 Baca Center Grand Ball Room 8:00 am – 9:30 am</p>	16
<p>19 City Council Chambers 221 E. Main Street 9:00 am – 10:30 am</p>	20			23
26	<p>27 Utilities-Wastewater 910 Luther Peterson 7:00 am – 8:30 am</p>	<p>28 HR Training Room 231 E. Main Street 1 pm – 2:30 pm</p>	<p>29 City Council Chambers 221 E. Main Street 1:00 pm – 2:30 pm</p>	<p>30 </p>



**You must enroll Online before
Midnight
October 31, 2015.**

**Go to Employee Self Service
(Where you enter your time)**



ROUND ROCK TEXAS
HUMAN RESOURCES



Questions?





ROUND ROCK TEXAS
HUMAN RESOURCES

:

THE END